



Psyllium Husks - Material Safety Data Sheet

1. Information about the product	The dried husk of Plantago ovata
2. Product Code	09PSH
3. Composition	Psyllium Husk
4. Flavour and Odour	A faint Characteristic odour
5. Appearance	Light off white particulate flakes
6. Information about the supplier	Cotswold Health Products Ltd, Units 5-8 Tabernacle Road, Wotton-Under-Edge, Gloucestershire GL12 7EF Telephone: 01453843694 E-mail: technical@cotswoldingredients.co.uk
7. Hazard identification	Slightly hazardous in case of skin contact (irritant), of eye contact (irritant), of ingestion, of inhalation (there is sufficient evidence to conclude that product meets the revised EU criteria (1996) for classification as a respiratory sensitizer (a cause of asthma). It is important that this produce is consumed with plenty of liquid
8. First aid measure	Eyes – wash eyes thoroughly with water. Skin – wash exposed area with mild soap and water. Ingestion - Do NOT induce vomiting unless directed to do so by medical personnel. Seek medical advice in case of large amount being ingested. Inhalation – remove to fresh air. Seek medical attention if breathing difficulty continues
9. Firefighting measures	Normal firefighting precautions. Use of conventional extinguishers i.e. ABC fire extinguisher, CO 2 extinguisher, foam extinguisher
10. Accidental release measures	Use respiratory protection. Clean up spillage and remove to waste container. Clean area with water
11. Handling and storage	Store in a dry place, keep away from heat. Avoid excess moisture



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12. Exposure controls/ personal protection	Mask and gloves may be required. Persons sensitive to product should avoid inhalations. Ensure good ventilation of the work situation
13. Stability and reactivity	The product is stable. Do not expose to direct sunlight
14. Toxicological information	Not toxic. Routes of entry - Inhalation. Ingestion
15. Ecological information	Easily Degradable
16. Disposal considerations	Dispose in line with local regulations
17. Transport information	By road, rail, ship, air in clean and sound condition and full covered or airtight containers to protect from moisture, insects, and rodents. Can cause taint but not classified as dangerous so no hazard label required. Ensure materials are securely stacked
18. Regulatory information	EU criteria (1996) for classification as a respiratory sensitiser (a cause of asthma) – labelling may be required
19. Other information	None