



## Black Psyllium Seeds - Material Safety Data Sheet

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| 1. Information about the product  | The dried seeds of Plantago indica L                                                                                                                                                                                                                                                                                                                 |
| 2. Product Code                   | 09BPS                                                                                                                                                                                                                                                                                                                                                |
| 3. Composition                    | Black Psyllium Seeds                                                                                                                                                                                                                                                                                                                                 |
| 4. Flavour and Odour              | A faint Characteristic odour                                                                                                                                                                                                                                                                                                                         |
| 5. Appearance                     | Very dark brown, smooth and shiny seeds                                                                                                                                                                                                                                                                                                              |
| 6. Information about the supplier | Cotswold Health Products Ltd,<br>Units 5-8 Tabernacle Road,<br>Wotton-Under-Edge,<br>Gloucestershire<br>GL12 7EF<br>Telephone: 01453843694<br>E-mail: <a href="mailto:technical@cotswoldingredients.co.uk">technical@cotswoldingredients.co.uk</a>                                                                                                   |
| 7. Hazard identification          | Slightly hazardous in case of skin contact (irritant), of eye contact (irritant), of ingestion, of inhalation (there is sufficient evidence to conclude that product meets the revised EU criteria (1996) for classification as a respiratory sensitizer (a cause of asthma).<br>It is important that this produce is consumed with plenty of liquid |
| 8. First aid measure              | Eyes – wash eyes thoroughly with water.<br>Skin – wash exposed area with mild soap and water.<br>Ingestion - Do NOT induce vomiting unless directed to do so by medical personnel. Seek medical advice in case of large amount being ingested.<br>Inhalation – remove to fresh air. Seek medical attention if breathing difficulty continues         |
| 9. Firefighting measures          | Normal firefighting precautions. Use of conventional extinguishers i.e. ABC fire extinguisher, CO 2 extinguisher, foam extinguisher                                                                                                                                                                                                                  |
| 10. Accidental release measures   | Use respiratory protection. Clean up spillage and remove to waste container. Clean area with water                                                                                                                                                                                                                                                   |
| 11. Handling and storage          | Store in a dry place, keep away from heat. Avoid excess moisture                                                                                                                                                                                                                                                                                     |



# COTSWOLD

INGREDIENTS

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| 12. Exposure controls/ personal protection | Mask and gloves may be required. Persons sensitive to product should avoid inhalations. Ensure good ventilation of the work situation                                                                                                                            |
| 13. Stability and reactivity               | The product is stable. Do not expose to direct sunlight                                                                                                                                                                                                          |
| 14. Toxicological information              | Not toxic. Routes of entry - Inhalation. Ingestion                                                                                                                                                                                                               |
| 15. Ecological information                 | Easily Degradable                                                                                                                                                                                                                                                |
| 16. Disposal considerations                | Dispose in line with local regulations                                                                                                                                                                                                                           |
| 17. Transport information                  | By road, rail, ship, air in clean and sound condition and full covered or airtight containers to protect from moisture, insects, and rodents. Can cause taint but not classified as dangerous so no hazard label required. Ensure materials are securely stacked |
| 18. Regulatory information                 | EU criteria (1996) for classification as a respiratory sensitiser (a cause of asthma) – labelling may be required                                                                                                                                                |
| 19. Other information                      | None                                                                                                                                                                                                                                                             |